

GAELIC START



FOR A HEAD START

Naomh Comhghall CLG

GAELIC START

... for a Head Start

A fun introduction to Gaelic Sports through play for Nursery, P1, P2 and P3 children.

The practice and learning of the fundamental skills promoted in a fun way through the Gaelic Start programme will benefit your child in his/her learning, both inside and outside of school.

These structured activities allow for the development of early mathematical experiences, through sequencing of numbers, pattern awareness, understanding of speed and direction and the concept of time. In the area of "Knowledge and Understanding of the World", they gain experience in using "space around you", patterns and change, tidying-up and skills of reasoning.

In the school curriculum strand of "Communication, Language and Literacy", they develop key skills of listening, following instructions and non-verbal communication, discussing and negotiating and expanding their use of descriptive vocabulary.



Benefits of Playing Sport:

- *improves physical fitness;*
- *improves confidence through learning skills and success;*
- *helps children to learn to control their impulses - this is necessary for success in sport as well as social relationships;*
- *helps build friendships;*
- *starts lifetime interests;*
- *helps children learn about rules and fair play;*
- *helps children to cope with winning and losing;*
- *helps children do better at school work.*





At Naomh Comhghall CLG we believe:

“Children under 8 years old need to have the freedom to play, explore and learn the skills of throwing and catching, kicking and hitting a ball, jumping and running in an enjoyable way. It is having these skills that enables them to confidently move on to the next step.”

**Is geall í an todhchaí, is Naomh Comhghall CLG an todhchaí!
- The future is bright. The future is Naomh Comhghall CLG!**



The “WEE COLES” are a very important part of the community of Naomh Comhghall GAA Club. *(Cole is the English pronunciation of Comhghall)*

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