

North Eastern Education and Library Board
St Comgall's Primary, Antrim

CANTEEN MENU – SEPT & OCT 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 – 8 th September	Chinese Chicken Drumstick Or Sausages, Beans & Chips	Spaghetti Bolognaise Or Tomato & Cheese Pizza Diced Potatoes	Roast Turkey, Stuffing, Broccoli, Carrots, Mashed & Roast Potatoes, Gravy	Lasagne Or Filled Baguette Salad Bar, Coleslaw	Chicken Curry & Rice Or Fish Fingers, Peas & Mashed Potatoes
2 nd – 6 th October	Fresh Fruit & Yoghurt	Sponge & Custard	Ice-cream & Fruit	Chocolate Brownie & Fruit	Shortbread, Milkshake & Fresh Fruit
11 – 15 th September	Chicken Goujons Or Pizza, Sweetcorn, Chips Side Salad	Chicken Pie Or Filled Baguette, Salad Bar	Roast Beef, Carrots & Parsnips, Roast & Mashed Potatoes, Gravy	Spaghetti Bolognese Or Chicken Drumstick & Champ	Chicken Curry & Rice Or Salmon Fishcake & Mashed Potatoes
9 th – 13 th October	Fresh Fruit & Yoghurt	Date Krispie & Custard	Artic Roll & Fresh Fruit	Pineapple Sponge & Custard	Flakemeal Biscuit & Fresh Fruit
18 – 20 th September	Hamburger in Bap, Chips Or Chilli Chicken & Rice	Spaghetti Bolognese Or Pizza, Diced Potatoes, Coleslaw	Roast Chicken, Stuffing, Carrots, Broccoli, Roast & Mashed Potatoes, Gravy	Lasagne Or Filled Baguette Salad Bar	Chicken Curry & Rice Or Fish Fingers, Peas, Mashed Potatoes
16 th – 20 th October	Fresh Fruit Salad & Yoghurt	Chocolate Brownie & Fruit	Ice-cream & Mandarin Oranges	Sponge & Custard	Cookie, Milkshake Fresh Fruit
25 th – 29 th September	Chicken Burger in Bap Or Lasagne & Chips	Chicken Crumble Or Chicken Drumstick Potatoes	Roast Gammon, Cabbage, Mashed & Roast Potatoes Gravy	Spaghetti Bolognese Or Filled Baguette, Salad Bar	Chicken Curry & Rice Or Breaded Fish, Peas, Mashed Potatoes
23 rd – 29 th October	Fresh Fruit & Yoghurt	Date Krispie & Custard	Ice-cream Sliders & Fruit	Sponge & Custard	Muffin, Milkshake, Fresh Fruit

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.