

St. Comgall's P.S. Dinner Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 31st Aug 2020	Bank Holiday	Spaghetti Bolognese Or Plain Pasta Or Cheese & Tomato Bagette & Side Salad Bottle of Water, Frozen Yoghurt & Apple 2 & 7	Roast Chicken, Roast/Mash Potatoes, Carrots, Peas & Gravy Or Cheese & Ham Toastie & Side Salad Bottle of Water, Jelly & Fruit Pot & Shortbread 2 & 7	Chicken & Broccoli Pasta Bake, Mash Potato, Sweetcorn & Gravy Or Warm Cheese & Tomato Bagel & Side Salad. Bottle of Water, Flakemeal Biscuit & Slice of Melon 2 & 7	Chicken Curry & Rice Or Plain Rice Or Fish Finger, Mash Potato, Peas & Gravy Bottle of Water, Ice Cream Tub & Mandarin Oranges 1,2 & 9
Week Two 7th Sept 2020	Pork Sausages, Beans & Chips Or Warm BBQ Chicken Baguette & Side Salad Bottle of Water, Frozen Yoghurt & Pineapple Slice 2, 13, & 14	Cheese & Tomato Pizza, Mash Potato, Sweetcorn & Gravy Or Chicken Salad Sandwich & Side Salad Bottle of Water, Toffee Yoghurt & Flakemeal Biscuit 2 & 7	Roast Pork Gammon, Mash/Roast Potato, Cabbage, Carrots & Gravy Or Warm Ham & Cheese Bagel & Side Salad Bottle of Water, Rice Pot & Fruit 2 & 7	Spaghetti Bolognese Or Plain Pasta Or Tuna Baguette & Side Salad Bottle of Water, Jelly Pot & Shortbread 2, 4, 5 & 7	Chicken Curry & Rice Or Plain Rice Or Fish Finger, Mash Potato, Peas & Gravy Bottle of Water, Cookie & Apple 1,2 & 9
Week Three 14th Sept 2020	Chicken Goujons, Sweetcorn & Chips Or Ham & Cheese Toastie Bottle of Water, Muffin (Choc) & Melon Slice 2 & 7	Spaghetti Bolognese Or Plain Pasta Or Warm Chilli Chicken Wrap & Side Salad Bottle of Water, Yoghurt & Fruit Cocktail Pot 2 & 7	Roast Beef, Roast/Mash Potato, Broccoli, Cauliflower & Gravy Or Warm BBQ Pulled Pork Wrap & Side Salad. Bottle of Water, Choc Brownie & Slice of Pineapple 7 & 13	Cheese & Tomato Pizza, Mash Potato, Sweetcorn & Gravy Or Warm Ham & Cheese Bagel & Side Salad Bottle of Water, Rice Pot & Mandarin Orange 2 & 7	Chicken Curry & Rice Or Plain Rice Or Fish Finger, Mash Potato, Peas & Gravy Bottle of Water, Ice Cream & Apple 1,2 & 9
Week Four 21st Sept 2020	Pork Sausages, Chips & Beans Or Cheese & Tomato Toastie & Side Salad Bottle of Water, Date Krispie & Slice of Melon 2 & 7	Spaghetti Bolognese Or Plain Pasta Or Warm BBQ Chicken Wrap & Side Salad Bottle of Water, Yoghurt & Slice of Pineapple 2, 7 & 13	Roast Turkey, Roast/Mash Potatoes, Carrots, Peas & Gravy Or Warm Cheese & Ham Bagel & Side Salad Bottle of Water, Choc Cake & Slice of Melon 2 & 7	Lasagne, Diced Herb Potatoes & Sweetcorn Or Warm BBQ Chicken Baguette & Side Salad Bottle of Water, Rice Pot & Fruit 2, 7 & 13	Chicken Curry & Rice Or Plain Rice Or Fish Finger, Mash Potato, Peas & Gravy Bottle of Water, Cookie & Apple 1,2 & 9

school food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If you require any additional information on allergens or special diets please contact the school in the first instance.

