

St. Comgall's - Lunch Choice Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 19 th Feb 18 th Mar 22 nd April 20 th May 24 th June	Margherita Pizza Or Fish & Lemon Mayo Baked Beans/Mushy or Garden Peas/Chips/Baked Potato Raspberry & Two Fruits	Pasta Bolognese Or Chicken Goujon Wrap & Dip Sweetcorn/Broccoli/Pasta/Mashed Potato Chocolate & Orange Cookie	Roast Chicken, Stuffing & Gravy Or Salmon & Creamy Tomato Pasta Fresh Vegetables Mashed Potatoes/Roast Potato Fruit Sponge & Custard	Hot Dog/Veggie Dog Or Chicken & Veg Pie Tomato Ketchup/Spaghetti Hoops/Corn/ Chips/Mashed Potato Ice Cream & Mandarin Oranges	Chicken Curry & Naan Bread Or Chinese Style Beef & Veg Garden Peas/Carrots/Noodles/ Rice Pineapple Delight
WEEK 2 26 th Feb 25 th Mar 29 th April 3 rd June	Fish Fingers Or Ham & Cheese Panini Baked Beans & Peas/Chips/Baked Potato Flakemeal Biscuit	Pasta Bolognese or Margherita Pizza Sweetcorn/Carrots/Coleslaw/ Potato Wedges/Rice/Salad Mandarin Orange Sponge & Custard	Roast Chicken, Stuffing & Gravy Or Quorn Dippers Fresh Veg/Mashed Potato/Roast Potato Arctic Roll & Peaches	Chicken Goujons & Sweet Chilli Dip Or Roast Mediterranean Veg Pasta Bake Spaghetti Hoops/Corn/Chips/Baby Potatoes Fruit Muffin/Apple or Orange Juice	Chicken Curry & Naan Bread Or Pork Sausages & Gravy Garden Peas/Carrots/Mashed Potato/Rice Fruit Muffin/Apple or Orange Juice
WEEK 3 4 th Mar 8 th April 6 th May 10 th June	Fish Fingers Or Creamy Chicken & Broccoli Pasta & Garlic Bread Corn & Roasted Peppers/Chips/Baked Potato/Coleslaw Ice Cream with Pears & Chocolate Sauce	Cottage Pie Or Margherita Pizza Spring Greens/Roasted Butternut Squash/Wedges/Baked Potato Summer Fruit Cheesecake	Roast Gammon, Stuffing & Gravy Or Chicken & Pepper Fajita Fresh Veg/Mashed Potato/Roast Potato Sticky Date Pudding & Custard	Chicken Goujons/Sausages Or Baked Potato with Tuna & Sweetcorn/Salad Baked Beans/Mushy Peas/Chips/Baby Potatoes Frozen Fruit Yoghurt	Chicken Curry & Naan Bread Or Beef Meatballs, Tomato & Basil Sauce Green Beans/Carrots/Steamed Rice/Pasta Spirals Golden Krispie Squares
WEEK 4 11 th Mar 15 th April 13 th May 17 th June	Pork Sausages & Gravy Or Jerk Chicken, Caribbean Rice & Flatbread Baked Beans/Garden Peas/Chips/Baked Potato Ice Cream & Two Fruits	Fish & Lemon Mayo Or Beef Lasagne, Garlic Bread & Coleslaw Garden Peas/ Carrots/Mashed & Baby Potatoes Fruit Salad & Yoghurt	Roast Beef, Stuffing & Gravy Or Roast Butternut Squash, Penne Pasta in Tomato & Pesto Sauce Fresh Veg/Mashed Potato/Roast Potato Fruit Sponge & Custard	Beef Burger/Bean Burger in Bap with Onions Or Salt n Chilli Chicken Corn/Pasta/Chips/Rice Lemon Shortbread & Melon Wedge	Chicken Curry & Naan Bread Or BBQ Chicken Wrap Carrots/Sweetcorn/Steamed Rice/Wedges Jaffa Cake Pots

Breads
Milk, Water
A Choice of Fresh
Fruit & Yoghurt
Available Daily

If you require any
additional
information on
Allergens or
Special Diets,
please contact
the School to
complete a
Special Diets
Application Form

Menu choices subject to deliveries

